



10

“Money Loves ME” Manifesting Methods

We can positively change ourselves by changing our thoughts and beliefs. Thoughts are like magnets, they have the power to attract according to their vibration. What we affirm to ourselves on a daily basis confirms how we feel and how we experience life. One of the most powerful ways to create the life and wealth we want is through affirmations.

Alease Michelle

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Easy Ways to Get Started

1. A powerful way to get rolling using affirmations for financial empowerment is to write them down on an index card, and read it throughout the day. The more you practice them, the deeper the new beliefs will click. The best times to review your affirmations are first thing in the morning time, during the day, and prior to you retiring for the night.
2. Use affirmations while mediating. After relaxing into a deep, quiet, meditative frame of mind, imagine that you're you have already become wealthy and know how to make your money. Imagine yourself in the physical setting or environment that you would like the house that you enjoy and find comforting, stacking away loads of money in the bank and receiving appreciation and appropriate financial recompense for your work efforts. Add any other details that are essential for you, like the bills you want to pay off, the amount of money you want to make monthly, and so forth. Try to get a feeling in yourself that this is possible; experience it like it was already happening. In brief, imagine it exactly the way you'd like it to be, as if it were already so!
3. Try standing in front of a mirror and use affirmations while looking into your own eyes. If you can, repeat them out loud with passion. This is a powerful way to change your limiting beliefs very quickly.



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4. If you find it hard to believe an affirmation will happen, add "I choose to" to the affirmation. "I choose to handle my finances correctly," for instance, or, "I choose acquire financial empowerment and become wealthy."
5. Make a recording in your own voice and play it as you doze off. Some individuals swear by this technique.
6. Attach positive emotions to your affirmations. Consider how achieving your goal will make you feel, or consider how good it feels to know that you're securing your financial future. Emotion is a fuel which makes affirmations more potent.
7. If you don't want people to know about your financial empowerment affirmations, simply place your reminders in discreet locations. Remember, however, that it's essential that you see them frequently, or they'll do you no good.
8. If you find yourself merely parroting the words of your affirmations, instead of focusing on their meaning, change affirmations. You're able to still affirm the same goals or characteristics, naturally, but rephrasing your affirmations can regenerate their effectiveness.
9. Ask friends to say a version of your affirmations to you. For example, "Tom, you're really learning how to manage your money. You must feel great." Self affirmations are valuable exactly as they free you from a reliance on the approval of others, but affirmations from others can be just as good as negative scripts from others are harmful.
10. Gratitude is a sort of affirmation: One that states the following: "I enjoy the wealth in my life and trust that more will come my way".

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HEY Super Star!

My name is Alease and I'm an entrepreneur, author, speaker, certified internet marketing & branding expert. I help mentors, coaches, and consultants create and build profitable brands online so they can generate consistent income in their business while sharing their message with the world.



My mission in life is to help you ...

- ★ Have sold-out coaching/consulting programs with high paid clients that are ideal to work with.
- ★ Become the next best-selling author with sold-out copies of your book at an event.
- ★ Book paid speaking gigs that are in line with your life, business and message.
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